

vol. 4



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What is autism?

- ★ Autism cannot be categorized by one specific trait but instead encompasses a wide variety of possible characteristics. In broad terms, Autism spectrum is a developmental disability that impacts a person's communication and behavior.
- ★ Autism is truly a spectrum. The severity of traits as well as the way they show up in each individual will vary. While some people with Autism Spectrum Disorder require very little support, others may need more. Some people with Autism are verbal and others are non-verbal. The point is, in order to understand autism, it's important to understand the nuance that comes with it.

Representation in media:

- ★ people with disabilities are seriously underrepresented or misrepresented in film today.
- ★ A lot of times, people with disabilities in film are portrayed by actors who don't have disabilities themselves. This leaves more room for misrepresentation and takes roles away from the many actors out there with disabilities who could positively and accurately portray these roles.
- ★ Oftentimes, inaccurate portrayals of people with disabilities in film perpetuates negative stereotypes and ignores the nuances of disability.

PERSON FIRST LANGUAGE:

Instead of characterizing someone by their disability first, such as "disabled people", use Person-first language
ex. people with disabilities

of course there can be cases when people may prefer "identity first language." Or feel that it better represents them. It's important to ask people their preferences especially if you are addressing them to others. Asking ensures you respect the preferences of the people you speak to and about.

WORLD
AUTISM
AWARENESS
DAY

IS
APRIL
2ND

World
autism
awareness
day is
on April
2nd!

Disability Rights Movement:

CAMP JENED

- ★ this movement has its roots at Camp Jened, a camp in New York that ran from 1951-1977 for kids/teens with disabilities (Director of camp: Larry Allison)
- ★ Attending this camp included Judy Heumann, who later became the president of "Disabled in Action", a political organization aimed at gaining rights for people with disabilities and deinstitutionalizing the country.

WHAT IS DEINSTITUTIONALIZATION IN THE DISABILITY RIGHTS MOVEMENT?

Movements against institutions in the 70s such as Willowbrook in New York that housed people with disabilities but horribly mistreated them. There was a lack of food, clothes, hygienic equipments, and human decency. Willowbrook shut down in 1987 but these institutions continued far after, continuing to isolate & mistreat people with disabilities.

In addition to deinstitutionalization, her organization and others began fighting for anti-discrimination laws at the federal level.

SECTION 504

In 1977, there was a 504 sit in/sleep in that lasted 28 days in the HEW (Health, Education and Welfare) offices in San Francisco. This sit in was an attempt to pressure Joseph Califano, HEW secretary to actually enforce section 504 of the Rehabilitation act of 1973 (this revised version was signed but not enforced in any way up until this point). It was truly an interdisciplinary protest with members of the Black Panthers providing meals and lesbian bar owners bringing shampoo and other cleaning materials. It eventually escalated to a hunger strike. Eventually, Califano did sign regulations for section 504.

★ "Disabled in Action" carried out a demonstration in front of George Nixon's headquarters in NY after he vetoed the Rehabilitation Act of 1972 which included section 504 claiming it would cost too much. The act would've required federal grants be given to people who couldn't work due to their disabilities as well as grants to rehabilitation centers. Furthermore, section 504 illustrates how often the issues people with disabilities face are ignored by both those in power/the government as well as society as a whole. In the 1970s, no one in power wanted to spend money to make buildings/roads accessible, denying people with disabilities their basic rights.

However,

the Rehabilitation Act of 1973 did not mean all the issues with inaccessibility and mistreatment were fixed. Civil Rights issues for people with disabilities were still not properly being addressed. Thus, in the 1980s, the ADA (Americans with Disabilities Act) began to be drafted, addressing the civil rights concerns for people with disabilities.


On March 12, 1990, people with disabilities crawled up the steps of capital building in a powerful demand for this law to be passed and for society to become more accessible. (the Crip Camp documentary displays this protest in film very powerfully!)

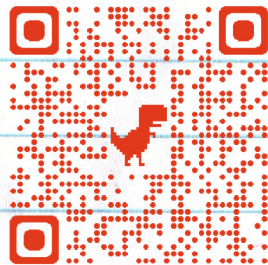
It was passed on July 26, 1990 after much advocating.

IN CONCLUSION,

Learning disability history and recognizing all the work that went into providing people with disabilities their rights is important because it ensures more awareness and knowledge of accessibility and inclusion. It allows us to both acknowledge how far we have come but also recognize how much still needs to be done in order for people with disabilities to be fully represented in society. For example, there is still a lot of ignorance surrounding disabilities. Learning history like this is a major step in decreasing some of this ignorance.

It is important to do your own research and also make an effort to listen to stories and experiences from people with disabilities, as oftentimes, these voices aren't heard enough.

**MORE RESOURCES, BOOKS,
CITATIONS, AND A SUM-
MARY OF THE ASPECTS OF
THE ADA** 



AS A DISABLED PERSON, I GENERALLY FEEL VERY OTHERED AND NOT FULLY SEEN. PEOPLE EITHER END UP FOCUSING ON MY DISABILITY SO MUCH OR COMPLETELY IGNORING IT AND TURNING A BLIND EYE TO ALL THE ISSUES DISABLED PEOPLE FACE IN OUR SOCIETY EVERY DAY. THERE'S SO MUCH OF AN IDEA THAT DISABILITY IS A BAD THING AND THAT IS VERY FAR FROM THE TRUTH. IT'S HONESTLY INDIFFERENT. THERE ARE GOOD DAYS AND BAD DAYS WITH DISABILITY LIKE ANYTHING ELSE IN LIFE. PLUS, MOST OF THE DIFFICULTIES THAT DISABLED PEOPLE EXPERIENCE, COMES FROM THE WAY THE WORLD VIEWS DISABILITY AND THE LACK OF UNDERSTANDING TOWARDS OUR LIVES AND OUR INDIVIDUALISTIC IDENTITIES. ONE OF THE THINGS I'VE STRUGGLED WITH MOST AS A DISABLED WHEELCHAIR USER, IS THE LANGUAGE USED AROUND IT AND HOW I WAS PERCEIVED BY THE REST OF THE WORLD. EVERYONE HAD THEIR OWN IDEA OF WHO I WAS AND HOW I SHOULD FEEL ABOUT MY DISABILITY, AND IT IMPACTED ME SO HEAVILY AS I GREW UP. NOW I KNOW THAT I JUST WANT TO BE TREATED AS A HUMAN BEING. I WANT PEOPLE TO RECOGNIZE THAT MY DISABILITY IS AN IMPORTANT PART OF WHO I AM, AND THAT IS NOT A NEGATIVE THING, BUT ALSO THAT IT'S NOT THE ONLY PART OF ME THAT HAS SIGNIFICANCE. EVERYONE HAS THEIR OWN JOURNEY WITH THEIR DISABILITY AND DISCOVERY OF WHO THEY ARE, AND I HOPE THE WORLD CAN LEARN TO LISTEN, RESPECT, AND ACCEPT HOW THEY FEEL IN THEIR IDENTITY. PLEASE DO YOUR PART AND MAKE THE EFFORT TO RESEARCH AND GAIN KNOWLEDGE ON DIFFERENT ISSUES IN THE DISABLED COMMUNITY SO WE CAN ALL START TO UNDERSTAND EACH OTHER BETTER AND FEEL A LITTLE LESS ALONE. THANK YOU SO MUCH!

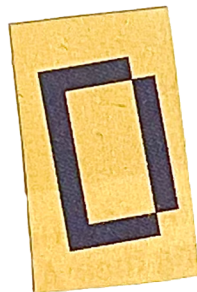
-MAHRYNN MCLAUGHLIN

IG: @mahrynnmclaugh



A

u



i



COFFEERBREATH

with *eva jordan*

EVA

ONE-WOMAN-SHOW



SHE/HER

COFFEE ORDER: CAFFEINE
INCLUSIONIST! ALL
COFFEES ARE YUM!
(HALF AND HALF :P)

* I LIKE TO COLLECT
FUN/FUNKY BOTTLES THAT
ARE HIDDEN ALL OVER MY
ROOM.

* I HAVE A MINECRAFT
SERVER WHERE I BUILT MY
OWN MEDIEVAL KINGDOM.

* IF I COULD SUSTAIN
MYSELF ON (GT'S)
KOMBUCHA ALONE I WOULD.

IG: @YAYAZZERS

directors: *Eve*

Gianna

interviewer: *Saria*

Saria: How's the coffee?

Eva: Delicious!

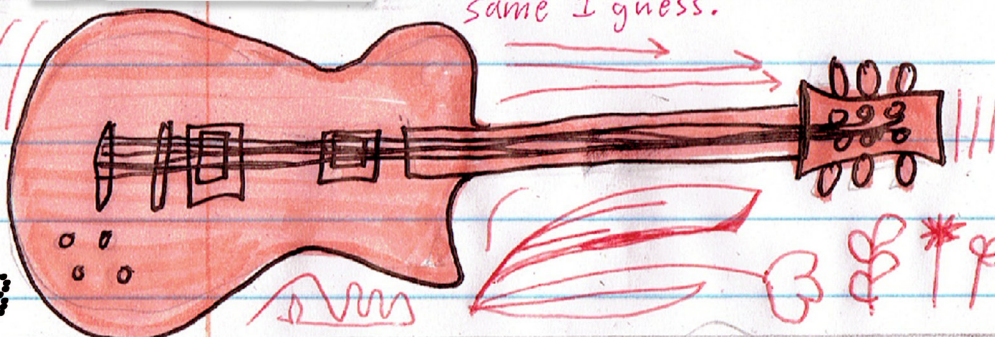
S: If you had to describe your music to a scoby kombucha starter how would you describe it?

E: Well, first, I would be like: you would love it and should put it into your commercials. And then I would describe it as like I wish I was born in the midwest so I could write folk country songs and feel like I belong and I feel like that correlates with the granola hippie scoby mindset. So we're the same I guess.

S: So, when did you begin producing your music and how did you get into it?

E: I've been playing and writing songs since 2018, so since I was in middle school but I was just really bad at it. I like put on this Billie Eilish accent when I sang if that makes sense? And I tried using Garage Band with my little handheld mic that I plugged in and it was pretty bad. But I have old songs from 2018. And then, I don't know, I just got better I guess.

Especially the more I played with my band. I liked to record my version of how our songs would sound cause I wrote a lot of our songs and show it to them and be like "this is what I think it should be like." And then after my band broke up over the summer and the past like year has been... I don't know. I think I've started doing it a lot more. I started watching Youtube tutorials on how to like produce on Garage Band. And...





IG: @yayazzers

about like "oh! I wish we could all like play in a band and it seems really fun making your own stuff" and then we

kind of had this moment where we were like wait. Simone has drums at her house, Annie and I can bring our bass and guitar and Elena could sing and Julie could play the keyboard and we can just see how it goes. So that's how it started. I really liked doing it with my friends and especially my girl friends. I feel like the femininity was really good for our artistic dynamic and stuff and I liked how we were kind of like a United Front against a lot of the

A lot of the music scene is dominated by men and it was nice to have a familiar atmosphere where we felt more liberated and able to express ourselves without feeling this sort of condescending of just these dudes who are

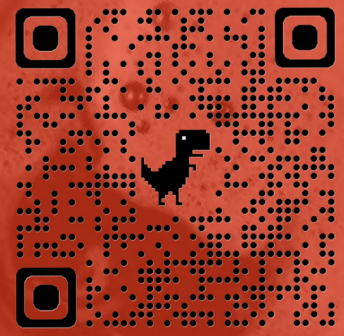
playing and trained classically or in jazz and stuff. It was just very homemade and woman and I don't know.

S: I guess related to that, it must be difficult through such a vulnerable creative process to have these guys around and like...

E: Yeah, it was especially when, I feel like a lot of our strong points came out of our artistic intuitive side and less so our technical capabilities. So a lot of the times we would feel like "oh! I'm not as good at guitar as some of these dudes or not as good at drums or whatever technically. But that opened us up to explore different genres and entertain different ideas and processes.

WATCH THE REST OF THE INTERVIEW HERE

Watch the full interview here:



it's getting there! But it's not exactly where I wanna be.

S: So you continue to use Garage Band?

E: Yeah I still use Garage Band, I use like plug-ins that I download off the worldwide web. And then, I dunno, I think Garage Band gets too much hate. I like it a lot.

S: I mean if it works, it works.

E: It works, yeah!

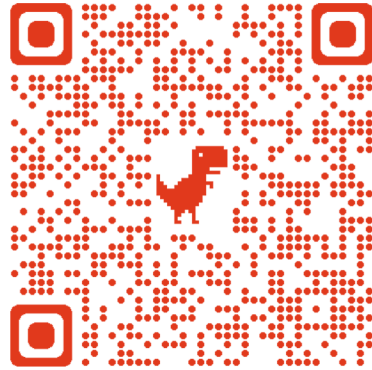
S: Can you tell me about your experience in the band sleeve of Steve?

E: It was really fun. It kind of started, I mean we were all pretty good friends so we were hanging out and all talking



Truman Sinclair
ig: @trumansinclairr

Pale Moon Pale Horse
album

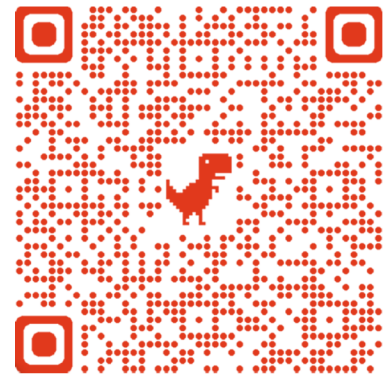




Persona Non Grata

ig: @personanongrata_music

Rise of the Superbird
(feat. the eggs)
performance



Anything Jesus Does, I Can Do Better

Setback
album



Anything Jesus Does, I Can Do Better







ALASTAIR

Hi! My name is Alastair Arber, and this year I'm working on an AP Art portfolio. This is my second year creating 3-D art, and it's been really exciting getting to work on art in a more rigorous context. Last year I learned how to knit, crochet, and sew from Rae Barish, John Marshall Senior High's resident fashion design & art teacher, so this year I wanted to commit myself to growing my skill set and creating pieces I'm proud of. All of these pieces are from my portfolio, which is themed around the mental health benefits of being surrounded by nature. I get most of my inspiration from nature, so I thought it would be a good topic to focus on. After high school, I plan to spend even more time in nature and use it as inspiration to keep creating! :)





Saria Dang



Yasmien Simkani



Gili Arber

ARBER

Instagram: @belugastair

anonymous

born a ruby

5.5 " x 8.5"

Colored pencils and Procreate



Joanne
ig: @j1tt3rbu9

Wash up
Ibis, Image compressor, Photoshop





Chloe Haack

ig: @ilikereatingapplecores

Xoxo

8.5" x 11"

Graphite pencil

A hand in a dark brown sleeve holds a black marker with a white cap, positioned over a banner. The banner features the word "WRITING" in large, stylized letters. The letters are cut out from various colored papers: 'W' is light blue on a dark blue background, 'R' is white on a light blue background, 'I' is white on a light blue background, 'T' is white on a light blue background, 'N' is white on a light blue background, and 'G' is white on a dark blue background. The background is white with several overlapping, hand-drawn red scribbles.

WRITING

ADELAIDE



Adelaide Jarnot never intended on being a poet, but in her un-intention, she ended up being just so. She was born and raised in Los Angeles, California, but attends highschool in West Hollywood. She's currently anticipating the release of her first published book, which is to be a poetry collection set to release in the coming year. She enjoys french toast, long walks on the beach, and attempting to conceptualize the nature of mankind



Spread by Willa Supple

Devil's Darning Needles

Beetlebum the ice cream man
With his ties and tethers
and leathery hands
Escapes to bitter, fruitless lands
unsuccessful in completing the will of God

Beetles and gnats
and cold evil creatures
And bold freaks of nature
To hold in their places
a burden so steadfast
it could not escape a hole if it tried

A lake or a pond or so
Mutable land of sucrose
Courageous hole of pothos,
grows behind that blue door

The devil's darning needles
Adorn frostbitten,
wooden beetles
Come to sew your mouth shut and slice out your eyes

Silly little dragonfly
Pulls out the ball of your eye
Snip snip
at the membrane

connecting it
to
your
head

Oh the devil's darning needle
functions like
Speaking to bespittle
upon the great French Queen.
And not to be rude,
Certainly,
Not to be mean,
But the devil's darning needles will surely catch you in your sleep

And when the beetles come and take you
Make you into their new home
Cockroaches lodged between your ribs
Worms in the notches of your spine
Just know that you will see where God's great divine lies
For the devil's darning needles have taken your eyes.

About three-thousand
coming from the southlands
To reach hands—
—Tarsus—
Into your watery little eyes

Carving Project

In the boredom crack of dawn
Submerged in such a ravine
Field dressing on the hay
Who finds the means with which to be seen

Bleating to each other
In the eyes of those forgone
From the splendid eyes-a-plenty
Beady eyes of a fawn

Blowing till the broadside
Amidst a sea of evergreens
Button buck is busted
By cross-stitched twine seams

Quartering the excess
Entrails ebbing between the grass
Quickly-paced and softly spoken
A horrid whistle of solid brass

In the golden lands, a buster broken
Till the beats of blood suffice
In the sun-kissed lands of honor
In the holes occupied by mice.

JARNOT

Instagram: @grimmdolls

Dylan Sardy
ig: @dylan.sardy

Waking up

you're frozen in my photograph
how long it took for you to laugh
I'm remembering
the wetness of your dried up thumb
and sweetness dripped from every wound
I'm remembering
waking up to yelling
waking up to smoke
Waking up to something
I'll provoke
what if we finally found
The meaning in our broken bounds
And every stitch we thought we sown
together
Waking up to yelling
Waking up to smoke
Waking up to something
I'll provoke
sleeping in your comfort jail
gripping onto the rail
of possibility

ALL US HYPOCRITICAL CREATURES

I'VE BEEN LUCKY TO GO TO A FEW ADOLESCENTS SHOWS, AND WHAT STRIKES ME (THOUGH DOESN'T SURPRISE ME) MOST ABOUT THE CROWD IS HOW MANY DUDES THERE ARE. I'M NOT TALKING ABOUT GUYS IN GENERAL; I'M TALKING ABOUT GUYS WHO FEEL ENTITLED TO BEING DICKS. I'M TALKING ABOUT GUYS WHO THINK THERE ARE NO CONSEQUENCES TO GRABBING A WOMAN AND DOING WHAT HE PLEASURES.

BUT THE ADOLESCENTS? RIGHT FROM THE BLUE ALBUM, THEY ARE POLITICAL AND THOUGHTFUL AND THE OPPOSITE OF ALL THOSE DOUGLES. YET WHEN ZANDER SCHLOSS OPENED FOR THE ADOLESCENTS WITH AN ACOUSTIC SONG - THE LATE STEVE SOTO'S FAVORITE, AT A TRIBUTE SHOW TO HIS LIFE AND MUSIC - THESE DRUNK GUYS NEXT TO ME BLABBED, "STEVE SOTO, I LOVE THE GUY, BUT WHAT THE FUCK IS THIS?" AT ANOTHER ONE OF THEIR SHOWS, SOMEONE THREW A BEER CAN AT FRANK OF BIG DRILL CAR'S HEAD BECAUSE THEY COULDN'T HANDLE HIS MORE-MELODIC-THAN-HARDCORE MUSIC. WHAT THE HELL? HOW CAN THESE ASSHOLES CALL THEMSELVES FANS YET EMBODY WHAT "RIP IT UP" IS SHAMING? THEY SAY THEY'RE PUNK, BUT DON'T HEAR A WORD OF THE MUSIC THEY LISTEN TO.

SIMILARLY, I WAS IN THE VAN WITH MY FRIENDS THE OTHER DAY AND WE DROVE PAST A TACO STAND THAT WAS SERVING RAM, COMPLETE WITH A PICTURE OF A RAM HEAD PRINTED ON THE BANNER. MY FRIEND PRACTICALLY MELTED, COOING THAT RAMS ARE TOO CUTE TO EAT. NOW I'M NOT AGAINST THE PRINCIPLE OF EATING MEAT - I FUCK WITH A GOOD CHAR SIU (MY GRANDPA'S SPECIALTY) ANY DAY - BUT I FIND IT HYPOCRITICAL TO BITCH ABOUT HOW SOME ANIMALS ARE TOO CUTE TO EAT WHEN SHE'S AN OMNIVORE. EATING ANIMALS, BE IT BEEF OR RAM, IS THE SAME FUCKING THING. ENJOYING THE FACELESS MUSH OF A HAMBURGER IS NOT MORALLY SUPERIOR TO RAM TACOS.

16: @art.1.fici41

THE BULK OF US OMNIVORES ALSO HAVE THIS PASSIVE VIEW OF VEGETARIANISM AS A SOFT, LIBERAL MENTALITY FULL OF PEOPLE TOO FRAGILE TO KILL ANIMALS, BUT WE'RE OVERLOOKING THE ENVIRONMENTAL EFFECTS OF FACTORY FARMING. AN OUTRAGEOUS AMOUNT OF RESOURCES GOES INTO MASS MEAT PRODUCTION THAT COULD FEED MORE PEOPLE - THE TONS OF GRAIN AND WATER PUT INTO A MERE POUND OF BEEF COULD BE CONSUMED DIRECTLY INSTEAD. IF WE HYPOTHETICALLY STOPPED MASS PRODUCING CATTLE ALONE, TWO BILLION LESS PEOPLE WOULD GO HUNGRY. EIGHT POUNDS OF CARBON FOOTPRINT IS SAVED WITH EACH MEATLESS MEAL. BEEF FACTORY FARMING CONTRIBUTES MORE TO GLOBAL WARMING THAN THE CARBON EMISSIONS OF CARS. IS CONVENIENCE OR TASTE REALLY A FAIR TRADE FOR OUR FUTURE?

WE HUMANS ARE HYPOCRITICAL CREATURES. I GUESS THERE'S AN ILLUSION OF SEPARATION WHEN IT'S A FILET OR PATTY, A HARD CORE SONG WITH POUNDING DRUMS AND WALLING GUITARS, THAT ALLOWS US TO NOT THINK ABOUT WHAT WE'RE CONSUMING. IT'S NOT AN ANIMAL, IT'S FOOD. FUCK THE MUSIC, IT'S THROWING PUNCHES IN THE PIT. I REFUSE TO SUCCEED TO THAT MENTALITY. WHY DON'T WE JUST STOP FOR A SECOND AND FUCKING THINK?

WAS THAT JUST A LONG-WINDED WAY TO DELIVER SOME LEFTIST, FEMINIST, VEGETARIAN PROPAGANDA? MAYBE. BUT ABOVE ALL, I'M JUST ENCOURAGING YOU TO CONSIDER THE THINGS YOU CONSUME.

CONSIDER THE MUSIC YOU LISTEN TO, THE FOOD YOU EAT. HELL, THINK ABOUT THE LANGUAGE YOU USE AND WHAT YOUR TAXES FUND WHILE YOU'RE AT IT. TALK TO PEOPLE AND TAKE A SECOND TO SEE HOW YOU'RE AFFECTING THE WORLD, AND WHAT YOU CAN DO TO MAKE IT BETTER. WHEN EVERYTHING FEELS TOO BIG TO AFFECT, START SMALL. START WITH YOUR OWN CIRCLES, YOUR COMMUNITY. PLAY A SHOW, CONTRIBUTE TO A ZINE. ALL I'M ASKING IS FOR YOU TO BE PURPOSEFUL WITH WHAT YOU DO - IT'S PUNK TO GIVE A FUCK.

Alexis Rojas

ig: @lexirojas888

Discomfort

Frizzy, oily, socks too tight, a weird itch, the air is humid
shoes squeak like an angry goose
The feeling is unusual, like a bitter strawberry in June
Time is a burden
Stays put until the sun rises again.

FUNNIES





Fever to Tell

Yeah Yeah Yeahs

April 2003

by Nami Conness

Favorite: Pin

Least Favorite: Modern Romance

Raw, raspy, and filled to the brim with distorted guitar, Yeah Yeah Yeah's first studio album is comprised of twelve songs, each carrying the distinct YYY touch. The project brings the excitement of the early 2000's indie rock scene in New York, while still being uniquely theirs. Nick Zinner provides unforgettable riffs, Brian Chase serves as the nerdy fellow in the cool band, and Karen O is Karen O at her best, delivering vocal performances others could only wish to emulate. She exudes indie-sleaze icon in tracks like "Date with the Night" and "Man", and overall rock-star-don't-fuck-with-me energy in "Black Tongue" and "Rich".

"No No No"

An underrated gem off the album, "No No No" delivers complicated feelings through simple lyrics as O's voice turns to whimpers. The track begins with a marching-band-esque beat and Zinner's simple, clean progressions. Phrases repeat again and again, as O grapples with the turbulence that accompanies a failing relationship. She navigates the winding path, running to and from a love that seems destined for failure. She's "frozen like a soldier", unable to run but also can't imagine "the taste of a never ending ache".

You can't help but fall under the command of her voice, even as she sings of a man who will "never come back as the man you loved". The ending drifts off into abstraction, where the reverb-heavy guitars are comparable to songs off Built to Spill's Perfect From Now On.



Karen O spoke on self-respect and protecting her artistry in an interview with Spotify For Artists, recalling, “The best advice I ever got was from my best friend, who said, ‘Karen, you need to be more of a b*tch.’” “You usually hear, ‘If you don’t do this, you’re gonna mess this up for yourself’ and generally that’s not true. Not a single time have I regretted saying no to something that felt wrong.”

The Holdovers

directed by Alexander
Payne

starring Paul Giamatti,
Dominic Sessa,
Da'Vine Joy Randolph
Released October 27,
2023



it's cheeky catchphrases, realistic 70s backdrops, warm colors, and wholesome plot, are guaranteed to make you feel at home no matter where you watch it. the story of angus tully, a witty and stuck up highschool student who's super power is quick comebacks. paul hunham, a popular hated history teacher who has gave up on his social life, and lastly mary lamb, the trained chef at barton academy who seems to be only known by grieving the death of her son, curtis. although on complete different sides of the canvas, the three end up celebrating a christmas more enjoyable then they would have ever had.

Dylan sardy



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